



## Jennifer Bashant

Jennifer L. Bashant, Ph.D., LMSW, MA, founder of Building Better Futures, LLC, is an educational consultant, motivational speaker and therapist with the mission to provide educators with evidence-based strategies to reduce challenging behavior in the classroom and create a positive impact on learning. She is passionate about her work, which is evident in her engaging, high-energy trainings and in her ability to connect with educators in a compassionate and authentic way. Her approach is trauma-sensitive and strengths-based, and she seeks to foster collaborative relationships between educators and students as they work together as partners in learning. Jennifer incorporates collaborative problem solving, restorative practices, and mindfulness in her work with students ages pre-kindergarten through grade 12.

Jennifer is a certified trainer in DiSC Work and Communication Styles, EQ-I 2.0 Emotional Intelligence, the Mindful Schools curriculum and Restorative Practices. As a doctorate-level licensed social worker with over 20 years of experience, she shares her knowledge and expertise in a way that is heart-centered, practical, and relevant on the ground and in the trenches. Jennifer is the author of "Building a Trauma-Informed Compassionate Classroom," published by PESI, and "A Positive Mindset Journal" which she self-published. Jennifer has recently joined the team at SR Psychological as a therapist providing telehealth counseling to adults.

## Contact Info



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